



Houston
Christian
School

Branches

a school to home newsletter

February 2, 2024

Spirit of Healthy Kids School Program

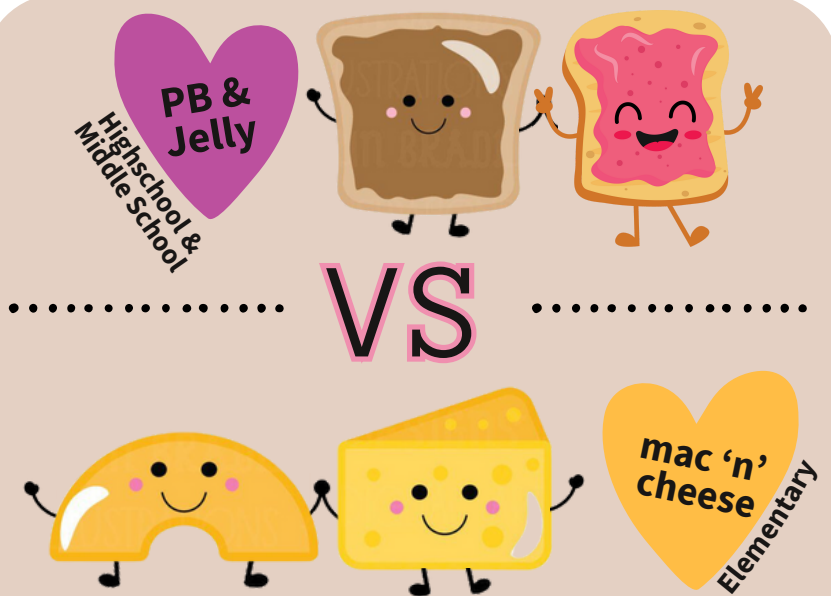
JANUARY 28 to FEBRUARY 11

We are nearly a week into the Spirit of Healthy Kids competition, and I hope your progress sheets are filling up nicely. The buzz around the school suggests that students are eager to know which class will emerge victorious, but more importantly, they are actively discussing their efforts to make healthy choices during these two weeks. Keep up the commendable efforts, students!

I've received inquiries from some parents regarding what to do if their child falls ill during this period and cannot participate in the physical fitness aspect. If your child is in this situation, please rest assured that they are encouraged to prioritize rest and recovery. Mark "sick" in the fitness category and initial it as usual.

A big thank you to parents for your ongoing support of our school's participation in this competition. Together, let's continue fostering a spirit of health and wellness!





Let's show love to our Houston Food Bank with a friendly

VALENTINE'S COMPETITION

For several years now, our school's Valentine's Day celebration has been a beautiful reflection of the love that Christ embodies. By organizing a food drive for our local food bank, we spread love beyond our HCS community and make a positive impact on those in need. This unique approach to celebrating Valentine's Day inspires us to embrace the true meaning of love and kindness.

We have identified three items that are in high demand at the food bank: peanut butter, jam/jelly, and mac & cheese. To make it more exciting for the students, we've turned it into a friendly competition between the middle school/high school and the elementary school. The middle school/high school will donate PB & Jelly, and the elementary school will donate Mac & Cheese. We have set up a designated table outside the office with a clear divider, and students are encouraged to contribute their items to build the tallest tower, creating a visual representation of the collective effort.

Please note that the food bank cannot accept homemade jams or jellies, and the school cannot accommodate mac & cheese that requires refrigeration.

We greatly appreciate your support in this initiative. Thank you!

What's happening at HCS ?

February 5 (Monday)

- Valentine's Day Food Drive Start

February 5 (Monday)

- Last day for West Coast Seeds orders

February 8 (Thursday)

- Grad Photos

February 15


- Elementary Student-Led Conferences
- Valentine's Day Food Drive Ends.

February 16 (Friday)

- Professional Development Day - No School

February 19 (Monday)

- Family Day - No School



SR. BOYS BASKETBALL

@Houston Secondary School

FRIDAY FEB. 2 · 5:15 PM

SATURDAY FEB. 3 · TIME TO BE DETERMINED

IF: Win - 10:30 am
Lose - 9:00 am



West Coast Seeds™

Seed Orders
will close at
midnight on
Sunday,
February 4.

ALL SEEDS CAN BE ORDERED
ON THE FUNDRAISING SITE:

fundraising.westcoastseeds.com



SNOW
MUCH
FUN

The kids thoroughly enjoyed the warm winter weather despite coming into the school completely soggy after recess and lunch.



Grade 9/10 Science Experiment



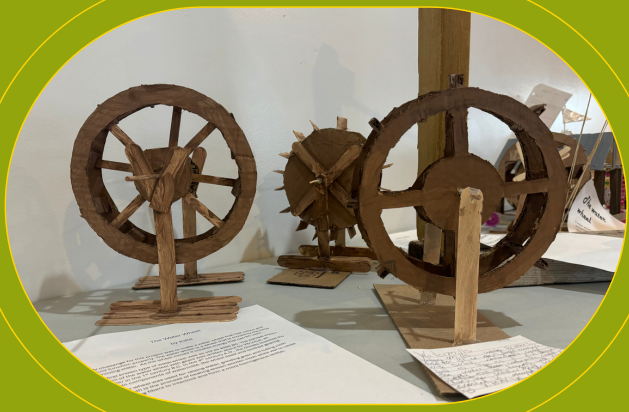
Grade 5/6 Predictive Writing



INSIDE THE CLASSROOM AT HCS

Houston Christian School prioritizes engaging and interactive learning. In our Language Arts classes, we delve into fascinating books and express ourselves through creative writing. Science and social studies classes involve hands-on exploration, making every class an adventure of discovery.

Grade 7/8 Medieval Inventions





Spirit of Healthy Kids School Program Student Activity Sheet

January 28 to February 11

Name: _____ Class: _____ Age: _____

Physical Activity							
Day	Activity	Minutes	Parent Initial	Day	Activity	Minutes	Parent Initial
1				8			
2				9			
3				10			
4				11			
5				12			
6				13			
7				14			

Reading							
Day	Book Title	Minutes	Parent Initial	Day	Book Title	Minutes	Parent Initial
1				8			
2				9			
3				10			
4				11			
5				12			
6				13			
7				14			

Describe the Healthy Choices You Make and How You Choose to Give Back and Be Kind							
Day	Healthy Choices/ Kindness	Minutes	Parent Initial	Day	Healthy Choices/ Kindness	Minutes	Parent Initial
1				8			
2				9			
3				10			
4				11			
5				12			
6				13			
7				14			

Please include activities related to philanthropy (giving back and acts of kindness) Mental Wellness, Physical Activity, Safety & Injury Prevention, Healthy Eating, Tobacco & Vape Reduction, and Dental Health.